

# SmileMore

Dental Care



Cosmetic Care

At Smilemore Dental Care we believe everyone should feel confident about their teeth and be happy with their smile!

Beautiful smiles give people confidence. Both women and men with great smiles feel attractive, often look younger and are able to enjoy meeting and talking to people.

For some people though smiling isn't easy, because they feel self-conscious about their teeth. Maybe they are discoloured, crooked, or they have one or more teeth missing. Often they hide their smiles behind a hand or keep their lips closed. If you are one of these people then maybe we can help you overcome your worries and create a healthy, pleasing smile you'll be proud of.



Dr Paul Abrahams: "I am passionate about cosmetic dentistry and believe everyone deserves a smile they can be confident and proud of."

### **Smile With Confidence**

Dr Paul Abrahams has a special interest in cosmetic dentistry. He trained at Guy's Dental Hospital and also with some of America's leading cosmetic dentists. He is a member of the British Academy of Cosmetic Dentistry and is committed to on-going training and qualifications to ensure he remains at the leading edge of this specialised field.

### **Teeth Can Be Corrected**

Using very thin porcelain veneers bonded to teeth, imperfections such as discolouration, rotated or misaligned teeth can be corrected. The results from even the smallest procedure, involving as little as one tooth, can be dramatic and smile transforming.

Achieving the smile of your dreams involves a step 'diagnostic' process, which allows you to see what your teeth will like after any treatment. Highly accurate impressions are taken of your teeth and a full range of photographs recorded. Other detailed measurements are taken of your 'bite' and the facial muscles and joints are examined thoroughly. In the technician's laboratory, models are made and placed on a three dimensional 'bite simulator'. We can then predictably plan and design your new smile and demonstrate on the models the final new smile before commencing treatment. This ensures good functionality of your teeth, so they work effectively and comfortably for you as well as looking good.

Please see our some of our smile makeovers on our website:

**[www.smilemoredentalcare.com](http://www.smilemoredentalcare.com)**

## **A Perfect Solution**

Changing your smile can range in complexity from simply 'tooth whitening' and 'resin bonding' to providing a number of porcelain veneers. We pride ourselves on working with you to decide how much treatment you require and discussing the full range of options available to you. All financial aspects of your treatment will be detailed, including options for payment.

Invisalign 'invisible' orthodontic aligners are a convenient and discreet way of making teeth straighter. These aligners can be worn full time without being visible. A perfect solution to conventional metal 'railway tracks' for reducing crowded teeth. For further information see [www.invisalign.co.uk](http://www.invisalign.co.uk).

One of our most popular treatments is tooth whitening. This can have an amazing effect on your smile, making you look younger by getting rid of stains caused by tea, coffee, red wine and even smoking.

Our tooth whitening system, Zoom Advanced, is a market leader in the USA and can whiten your teeth within an hour. Having carried out extensive research we believe this to be the most gentle and effective procedure on the market. It has given outstanding and consistent results for our patients.



### **Discover More About Your Smile**

We recognise that all of our cosmetic treatments represent a big decision for our patients, both in terms of the work to be carried out and investment. Let us know if this is an area of our work you are interested in, even if it's for the future. We can evaluate your smile with you and help you reach the right decision about any treatment you might be considering.

After you have undergone any cosmetic work with us, we also provide a superb after-care programme so your investment is guaranteed to make you smile more for a very long time.

### **Cosmetic Facial Rejuvenation**

At SmileMore Dental Care we can also help with treatments to help combat the ageing process.

Paul is also a qualified facial aesthetic practitioner and can deliver a number of treatments that can help reduce the appearance of facial lines and wrinkles. Dentists are required to have expert knowledge of head and neck anatomy and physiology, so they are ideally placed to offer facial cosmetic treatments. We would be happy to help advise you on the options available.

You're never fully dressed  
without a smile.

We are an independently owned dental practice offering dental care to both adult and young patients on a private only basis. We have been established in St John's Wood for more than 15 years.

### Our dentist

Dr Paul Abrahams BDS (London) 1989

### Opening hours

Monday	9.00am to 5.30pm
Tuesday	8.00am to 5.00pm
Wednesday	9.00am to 5.00pm
Thursday	10.30am to 7.00pm
Friday	8.00am to 5.00pm

### Appointments and emergency treatment

If possible, it is best to call us at the practice as early as possible, so we can see you on the same day.

For emergency help outside surgery hours, please telephone 07659 116699 or 020 7935 9905.

### How to find us

Our practice is conveniently located in the heart of St John's Wood, just round the corner from St John's Wood Underground Station.

**63 St John's Wood High Street  
London NW8 7NL**

**Telephone: 020 7586 1210**

### Parking

There is on-street metered car parking available nearby, plus an NCP car park in Kingsmill Terrace. Meter parking is by credit card payment only.

### More information

If there is anything that you would like to know about the practice please call us, or if you prefer, email any questions to Dr Paul Abrahams at:

[paul.abrahams@smilemoredentalcare.com](mailto:paul.abrahams@smilemoredentalcare.com)

Interest-free finance is available on all treatments, with tailor-made solutions to suit all individual needs.

